

# WHAT'S NEWS AT THE MARKET

July, 2025

### Looking Ahead:

July 5 - We are Open - 9am-1pm July 12 - Veterans Coupons - Open 9am-1pm July 19 - "Grow Your Garden" part 2 -Open 9am-1pm July 26 - We are Open 9am-1pm August 2 - We are Open - 9am-1pm August 9 - We are Open - 9am-1pm August 16 - "Grow Your Garden" part 3 -Open 9am-1pm

### Food Drive Information

We will be taking donations for Windsor Human Development throughout the 2025 season. With Federal cutbacks having affected SNAP and other benefits programs, your donations are more helpful than ever. This week we would like to focus on baby items, such as infant formula and on personal care items for the whole family. We appreciate your support!





## **SNAP and FreshConnects**

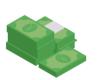


Though our SNAP participation started in 2024, this year saw word getting out and we have had our first two SNAP distributions! HOORAY!

In addition to your SNAP benefits, when you come to get SNAP tokens at the farmers market, you will receive free, matching FreshConnects coupons that can be used anywhere you can use your SNAP benefits - this DOUBLES your shopping power at the farmers markets. Please note that FreshConnects can only be used at farmers markets, but regardless of where you

purchase SNAP tokens and Fresh connects coupons, they can be used at any Broome County Farmers Market

### Fundraising and Community Support



The vendors and manager of The Windsor Farmers Market believe in supporting any community focused effort we can. Whether you need to do fundraising for a family in need, your school, scouts or a communitybenefitting project, or if you have information or education that can help community members, we are happy to provide a place for you to do your fundraising or distribute your information. Please contact Sue at 607-427-4769 or at WFMontheGreen@gmail.com for more information.

### **New Vendors:**

Please join The Windsor Farmers Market in welcoming several new vendors to our ranks. These vendors include:

Patrick Van Housen - The Garlic Guy Silvio Bersani - Fresh Produce Kneaded - Sourdough Bread Founding Fragrance Candles



We hope that you will visit them and enjoy the new products they will be bringing to our market this summer.

# Time to Cook: Spinach Salad with Rhubarb Dressing

### **Ingredients:**

2 cups chopped fresh or frozen rhubarb 1/2 cup sugar 1/4 cup white vinegar 3/4 cup vegetable oil **3 tablespoons grated onion** 1-1/2 teaspoons Worcestershire sauce 1/2 teaspoon salt

#### Salad:

6 cups torn fresh spinach 6 bacon strips, cooked and crumbled 1/2 cup bean sprouts 1/2 cup shredded cheddar cheese 1 to 2 hard-boiled large eggs, chopped

Prep time: 20 minutes Total time: 20 minutes Serves: 6

### **Directions:**



In a saucepan, combine rhubarb, sugar and vinegar; cook over medium heat until the rhubarb is tender. about 6 minutes. Drain, reserving about 6 tablespoons juice; discard pulp.

Pour juice into a jar with tight-fitting lid; add oil, onion, Worcestershire sauce and salt. Shake well. Refrigerate for at least 1 hour.

Just before serving, combine salad ingredients in a large bowl. Add the dressing and toss to coat.





The Windsor Farmers Market thanks our Veterans and Active Duty members of the US Armed Forces for your service to our nation.



#### **Veterans Coupons**

We are scheduled to have Veterans Coupons distributed on July 12. Any veteran who lives in Broome County can stop by our market during normal market hours to receive their benefit coupons. Simply bring your service ID that identifies you as a veteran of any branch of US military service and you will receive \$15 in benefits to shop the market.

If you are interested in learning more about The Windsor Farmers Market, to become a vendor or a volunteer, please contact Sue at 607-427-4769 or WFMontheGreen@gmail.com We would love to help support your organization - ask about free setup for fundraisers.

### **Grow Your Garden**

Sponsored by:



June 21<sup>th</sup> saw our first "Grow Your Garden" Event. While we did not get the turnout we had hoped for, we did have a few enthusiastic kids come down and plant some seeds to begin their gardens. Our next "Grow Your Garden" event will be on July 19<sup>th</sup> with a different assortment of seeds, new fun facts and interesting recipes for kids to try out their harvested produce.

